

COCKTAIL

A margarita with Zilch

Another reason low-carb diets should be under serious reconsideration: no booze.

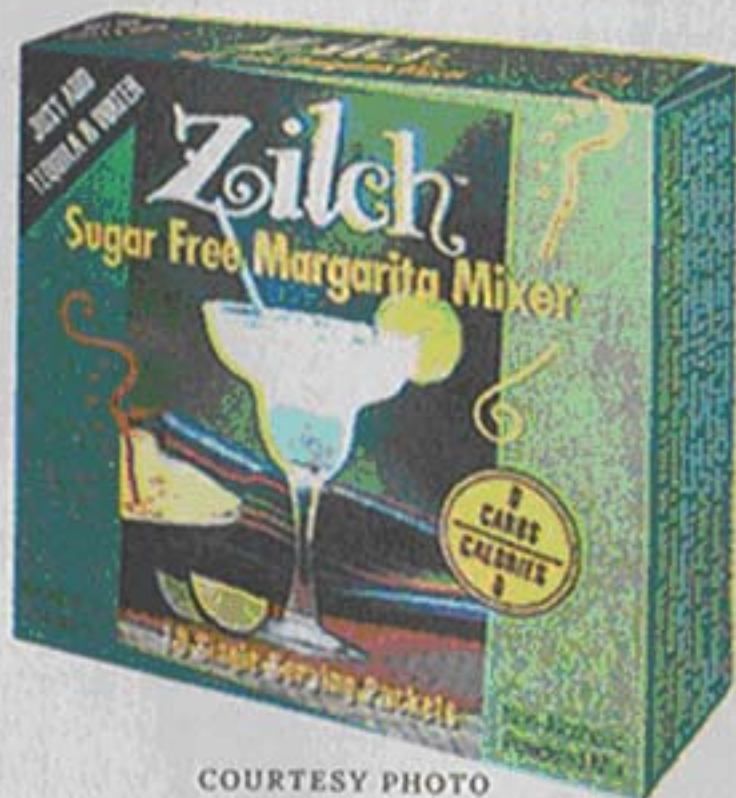
Marcy Johnson of The Woodlands was low-carbin' it back in 1998 when she missed (and rightly so) her occasional margarita. About four years ago she formulated a sugar-free, carb-free recipe.

"All of my friends loved my margaritas, even the ones who were not restricting their sugar intake," she said via e-mail.

Her son has a tea company in Uzbekistan, and he encouraged Johnson to produce the powdered mix. In about eight months, Zilch was packaged and on the shelves.

Johnson's Zilch mixers may be sugar-free, but they do not cheat on the taste. That is, of course, if you don't skimp on the quality of tequila you pour.

— RJ MIDDLETON



COURTESY PHOTO

THE SCOOP

■ **What:**
Zilch margarita mix

■ **Where:**
Zilchmixers.com

■ **Cost:**
\$4.99 for 10 servings